

Since 1989 "DIMITRA" I.T.D., as a private certified vocational training institute, has been active in the organization, implementation and scientific supervision of vocational training programs within the framework of the European Social Fund and other National and European actions. It has its Head Office in Larissa, with branches in the city of Athens, Thessaloniki and Trikala and has trained and offered its services to more than 15,000 people to date. It provides professional training to participants (*unemployed, long-term unemployed people, socially sensitive groups, migrants and employees of the private or public sector*), aiming to the acquisition of necessary abilities, skills and expertise for their promotion and integration into the labour market and the society in general.

"DIMITRA" I.T.D. has been implementing European programmes and initiatives, either as a coordinator or as a partner of various intra-state organisations, aiming at conveying know-how to education-training, exchanging know-how on educational know-how and exchanging trainers and trainees within the framework of programmes and the development of common infrastructure to support innovative training programmes. These programmes support the development of equal opportunities for men and women; provide training for disabled people, underprivileged or sensitive groups and education and development of professional opportunities for young people.

ACTIVITIES

Training services

DIMITRA ITD, for the last twenty years, by utilizing its international experience and the state-of-the-art training methodologies and technological innovations, offers its educational services to unemployed, employed/self employed and vulnerable social groups.

It elaborates training courses, besides its four own training centres, in every city of Greece and Cyprus using infrastructures of other collaborating certified vocational training centres.

It has been certified to provide training in the following thematic fields:

- Environment
- Health and Providence
- Culture and Sports
- Pedagogic
- Economics – Management
- Information technology
- Tourism
- Rural development and agriculture
- Technical professions

The training programs aim at:

- The professional re-qualification of the unemployed through continuous upgrading of their knowledge and adaptation of their dexterities to the specific demands of the labor market.
- Development of further qualifications, specialization and upgrading of knowledge of employed (in the private or public sector) and self-employed
- Development of specialized course for vulnerable social groups
- Development of specialized course for training of trainers and Mentors
- The provision of integrated training and consulting services to Medium to Small Enterprises

Knowledge Certification

DIMITRA ITD, cooperates with the most renowned certification organizations and implements training programs, which lead to both basic or advanced knowledge and skills.

E-learning Services

DIMITRA ITD, has developed and operating an integrated long distance or blended training system (e-learning) which supports the positive elements of traditional training, whilst offers autonomy of learning and flexibility of time and learning pace which are the main characteristics of e-learning

Consultancy Services & Promotion to the Labor Market

The consultancy-support department has been created within the framework of the needs emerging from the training courses and provides the following services:

- Personalized professional consulting-support services
- Linking vocational training to the labor market to support and provide our trainees with new employment opportunities
- Information and support on issues related to entrepreneurship
- Career guidance

Development of Educational Tools

Dimitra ITD places particular emphasis on the development of various educational tools such as:

- Educational "packages"-manuals
- Educational videos and games
- Books – notes
- Educational CD-ROMs

Coordination and Implementation of European Programs & Community Initiatives

DIMITRA ITD has a long standing active experience in the planning, organization and implementation of Programs and Community Initiatives, either as a coordinator or as a partner. Since our establishment we have participated in an ever growing number of projects in the framework of numerous R&D, Social Integration and LLL Programs and Community Initiatives (ADAPT, EMPLOYMENT, HORIZON, NOW, YOUTHSTART, INTEGRA, YOUTH FOR EUROPE, PESCA, CULTURE 2000, ARTICLE 6&13, INFO 2000, E-LEARNING, RAPHAEL, DAPHNE, LEONARDO DA VINCI, EQUAL, INTERREG, MEDDOC etc) undertaking the implementation of actions dedicated to the development of human resources.

Participation in Networks

We have developed an extensive collaborations network with many organizations from both the EU and Accession countries. DIMITRA ITD is a founding member of various national networks (ANDROMEDA, ALPHA, DEKA) and an active member in international networks (IRIS, ENSIN, ENTER, SESAM, GC DEVELOPMENT GROUP, BENE, ON LINE – MORE COLOR IN THE MEDIA GROUP, DIVERSITY IN THE MEDIA, DIGITAL STORIES) aiming at the transfer of know-how and methodological approaches in the fields of education/training, development of the spirit of entrepreneurship and the establishment of SMEs.

Studies and Research

DIMITRA ITD undertakes researches and studies in the framework of projects or assisting companies and organizations on the development of their human resources:

- Training needs analysis
- PEST analysis on the development of enterprises on a regional and national level
- Application of new forms of employment
- Application of new technologies and technology tools in the entrepreneurial activity